



Careers Cascade

'REACH for your best future'

9 January 2023

Happy New Year and welcome to the New Term

Riddle me this:

What is the building you leave without ever having entered it?

Last edition's riddle: You walk into a room and see a bed. On the bed, there are two dogs, four cats, five cows, a giraffe, and a duck. There are also three chickens flying above the bed. How many legs are on the floor?

Solution: There are a total of six legs on the floor. There are four legs from the bed and your own two legs as you stand in the room. All of the animals in this room are on the bed and the three chickens are flying, so they are not touching the ground.

Careers at Avonbourne is now on socials don't forget to follow us on Instagram and Twitter for all the up-to-date information.

avonbournecareers



@careers_avon





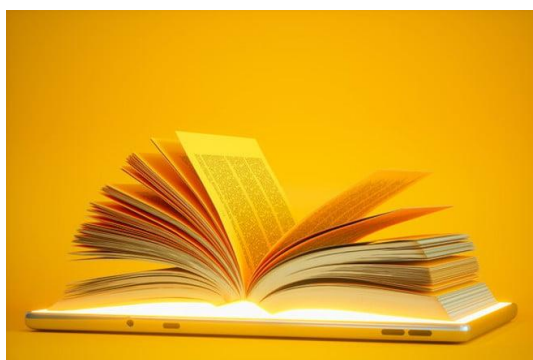
The Bournemouth Writing Prize

The Bournemouth Writing Prize is an annual international short story and poetry writing competition designed to boost your career as a writer. Our judges are influential figures from the publishing world, including publishers, agents, award-winning authors, and poets. As well as generous cash prizes, winners will receive personal feedback from an industry professional and have the chance to record a reading of their work.

Please note that the **submission deadline is Friday, 27 January.**

Please click and share the link below for more information about the writing categories and how to submit work.

[Link for info and submission](#)





Check out episode 2 of our Next Steps Vodcast

Available now on the BU YouTube channel

The latest episode of our Next Steps Vodcast tackles the question, 'What are my options once I'm finished with school?'.

The team explores three primary paths students take upon leaving school; apprenticeships, university and work.

Please pass on the link to your students, which you can access below.

[Watch the Vodcast](#)



Virtual Open Day

Join us for our upcoming Virtual Open Day on **Wednesday, 18 January, 1 pm - 5 pm** to chat with our staff and students and learn about our BU staff and community, student life, accommodation, finance and your course of interest.

You can expect to receive a 'Welcome to BU' introductory talk and to attend guided virtual tours of our teaching/learning facilities and accommodation at both our Talbot and Lansdowne campuses.





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BOURNEMOUTH & POOLE COLLEGE

APPRENTICESHIPS UNLOCKED

Freedom to decide your future

**Wednesday 8th
February 4pm – 7pm
AFC Bournemouth**

Book your ticket!
thecollege.co.uk/unlocked





Unifrog Next Steps Student Fair For Students

The annual Fair is a unique opportunity to compare all the different post-school pathways side by side so you can make the best decision for you. You'll have the chance to learn about leading employers, universities, and apprenticeship providers in live sessions and drop by their virtual booths to chat with them directly! Sign up here

When

Wednesday 8 March @ 16:30 UK time

Duration

2hrs 30 mins

<https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Femail.unifrog.org%2Ft%2Fr-l-tjiuhujk-bkjilthku-t%2F&data=05%7C01%7CHilary.Pether%40avonbourneacademy.org.uk%7Ce9592a84bf5b4068d03708daed8641be%7C8027efc9ede24ebb93f57e8198438f21%7C1%7C0%7C638083458134256953%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I k1haWwiLCJXVCi6Mn0%3D%7C3000%7C%7C%7C&sdata=yvGqv4KFchVHhMvAqk%2BFR0MEJeNkHKyXh9kt2nBy%2Bvg%3D&reserved=0>



VOLUNTEERING OPPORTUNITY



BCP Libraries



@BCPLibraries

Applications close
at midnight on
5 Feb 2023

Are you age **14-18**?

Interested in **TikTok**?

Want to develop
skills through
volunteering?



WE'RE LOOKING FOR YOUNG VOLUNTEERS TO:

- Become a BCP BookTokker from March to August 2023
- Work with other young volunteers to design, film and edit TikTok videos for @BCPLibraries



For more information on what's involved and how to apply, scan the QR code or go to:

bit.ly/BookTokkerRoleDescription



Think Cambridge

Year 11 and 12 Think Cambridge Webinars

Think Cambridge is a three-week long series of webinars to inspire Year 11 and 12 (England and Wales), S4 and S5 (Scotland) or Year 12 and Year 13 (Northern Ireland) students to apply to Cambridge.

During week one, students will hear from student ambassadors about their personal experiences at Cambridge. Teachers, parents and supporters are also welcome in week one for webinars.

In week two, lecturers and Admissions Tutors, will introduce students to the broad range of subjects available at Cambridge and the exciting projects students are working on.

The series will finish with advice and resources to find out more, about studying at and applying to the University of Cambridge.

Students can apply using the booking form [here](#).



Essay Writing Competition

The deadline for the 2023 essay competitions is 6pm on Wednesday 1st March 2023. Please complete the form and submit your entry before this deadline.

The University of Cambridge seeks out students with a passion for their subject and who have investigated it outside the classroom. Our essay competitions provide students with an opportunity to engage with their interests in this way, allowing them to demonstrate their enthusiasm for their subject.

2023 Competitions

We are delighted to announce the 2023 competitions. This year we will be re-running essay competitions in Ancient World and Classics, Archaeology, History, Land Economy, and Medieval World. We will additionally be running an Architecture design competition, and a new essay competition in Economics for state-schooled UK students only. Further particulars and this year's questions can be found at the links below. Please read the competition rules and submission guidelines carefully before entering a competition.

[Ancient World and Classics](#)

[Archaeology](#)

[Economics](#) (for state-school UK students only - please see link for details on eligibility)



History

Land Economy

Medieval World

Architecture – students wishing to enter the Architecture Design Competition may find this [plan of Fitzwilliam College](#) and information on the [history of Fitzwilliam's buildings](#) useful

The deadline for all competitions is **6pm on Wednesday 1st March.**

Competition rules

These essay competitions are exclusively for students in their penultimate year of education (Year 12 in England and Wales, S5 in Scotland, Year 13 in Northern Ireland). They are open to students in any country but submissions must be written in English.

Submissions should strictly adhere to the word limit set out in the subject brief (2500 words for Archaeology, Classics & Ancient World, History, Land Economy and Medieval World; 1500 words for Economics; 500 words for the Architecture narrative), and contain a bibliography at the end. The word count should exclude the bibliography, but include any footnotes. Each page should be numbered and contain the applicant's full name.

We understand that not all students will have previous experience of writing a bibliography, and may not have equal access to advice on doing so. We therefore include [this link](#) to guidance on how to correctly use the Harvard referencing system. Anyone who wishes to use a different referencing system is free to do so.

Students are only permitted to enter one competition and may only submit one entry to that competition. There is a strict limit of five submissions per school for each competition. If more than five students from the same school enter the same competition, a teacher from that school will be contacted and asked to select the five entries; failure to do so will result in all submissions from the school to that competition being disqualified. Please note that this limit **does not apply** to Sixth Form Colleges where year groups are over 1000 students in size. When submitting an essay, the student



will be asked to provide the name and email address of a teacher who may be contacted in order to verify the submission.

The submission must be entirely the individual student's work and must not be submitted or have been submitted to an exam board as part of any coursework or extended essay, either in part or in full.

Submission guidelines

Anyone who wishes to enter an essay competition must complete the online form [here](#).

Submissions can be uploaded to the online form in a PDF format. If the file size is too big to upload to the form, please email your submission to essaycompetitions@fitz.cam.ac.uk. We can also accept entries by post. Please address postal submissions to: Schools Liaison Officer, Fitzwilliam College, Storey's Way, Cambridge, CB3 0DG.

You should receive an email confirmation after submitting the form. If you do not receive confirmation within 24 hours, please contact us at the email address below. Any technical difficulties will be dealt with on the next day, and students affected may be allowed to submit late in some circumstances.

Writing Webinars

Students preparing submissions who would like advice on essay writing may wish to attend our two essay writing webinars, one month apart, on Thursday 12th January and Thursday 16th February, both from 5pm-6pm. The webinars will be delivered by the Schools Liaison Officer - the first webinar will focus on initial planning, research, and structuring of an academic essay, while the second will provide advice on how to finalise arguments, edit, and reference your essays. To receive a link for these webinars, simply sign up via [this form](#). A zoom link will be sent out approximately 24 hours before the session. Please email schools.liaison@fitz.cam.ac.uk with any questions about this event.

If you have any questions relating to the competitions please contact us on essaycompetition@fitz.cam.ac.uk



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**Dorset HealthCare
University**
NHS Foundation Trust



Dorset HealthCare

Employability Day

How does a career in healthcare sound?

Come and join us for application and interview workshops and an insight into different roles in Dorset Healthcare.



19 January 2023

9am-1pm



Moordown Clinic

844 Wimborne

Road Bournemouth

BH9 2DS

dhc.widening.participation@nhs.net



**IN PARTNERSHIP WITH
THE PRINCE'S TRUST**



**Application and Interview
workshops available**



APPLICATION WORKSHOPS

Join us to gain an upper hand when it comes to NHS application writing. Tips given by people who read your applications and know what they are looking for in a supporting information section.



INTERVIEW WORKSHOPS

How to gain extra points at an NHS interview. Practical advice given by NHS Interviewers.

Register your interest and to find out current dates for these specialised sessions at

Dhc.wideningparticipation@nhs.net

Current Sessions are taking place at :

Sentinel House
4-6 Nuffield Road
Poole
BH17 0RB

and

Moordown Clinic
844 Wimborne Road
Bournemouth
BH9 2DS



Top 100 Apprenticeship Employers 2022

The **Top 100 Apprenticeship Employers 2022** is the national league table that recognises England's leading apprenticeship employers for their overall commitment to employing apprentices, their creation of new apprenticeships, the diversity of their new apprentices, and the progression of their apprentices onto further apprenticeships and employment. The annual rankings have been developed by the Department for Education, in partnership with High Fliers Research.

Rank	Employer	Sector	Apprenticeships ¹	% of Employees ²	New Starts 2021-22 ³
1	British Army	Armed Forces	2 3 4	19.9%	6,205
2	Royal Navy	Armed Forces	2 3 4 6	20.3%	3,625
3	BT	Technology	2 3 4 5 6 7	6.2%	2,781
4	Royal Air Force	Armed Forces	2 3 4	12.2%	1,772
5	Department of Work & Pensions	Public sector	2 3 4 5 6 7	4.8%	1,340
6	Clarkson Evans	Construction	2 3 4 5 6	43.8%	141
7	Mitchells & Butlers	Hospitality	2 3 4 5 6 7	4.9%	1,792
8	RSM	Professional services	3 4 6 7	27.1%	422
9	BAE Systems	Engineering & industrial	2 3 4 5 6 7	7.5%	773
10	Grant Thornton	Professional services	3 4 6 7	19.7%	414
11	Ernst & Young	Professional services	3 4 6 7	10.5%	616
12	HFT	Health & social care	2 3 5	20.5%	351
13	The Go-Ahead Group	Transport, travel & logistics	2 3 4 5 7	7.2%	673
14	Bishop Fleming	Professional services	3 4 7	34.5%	82
15	Mazars	Professional services	3 4 6 7	25.1%	345
16	Deloitte	Professional services	4 6 7	9.1%	663
17	Howdens	Trade supplier	2 3 4 5 6 7	7.6%	634
18	Hays Travel Limited	Transport, travel & logistics	2 3 5	10.7%	298
19	Busy Bees Nurseries	Childcare	2 3 4 5	10.3%	541
20	Lovewell Blake	Professional services	3 4 7	27.3%	40
21	Kids Planet Day Nurseries	Childcare	2 3 4 5 7	16.5%	283
22	Toni&Guy	Hairdressing	2	12.5%	31
23	Greene King	Hospitality	2 3 4 5 6 7	4.0%	897
24	Rentokil Initial	Business services	2 3	8.7%	303
25	London Ambulance Service NHS Trust	Health & social care	2 3 4 5 6 7	13.5%	497
26	Price Bailey	Professional services	4 7	23.2%	42
27	PwC	Professional services	4 6 7	9.2%	550
28	BDO	Professional services	4 7	14.8%	415
29	Iceland Foods	Retailing	2 3 4 6	4.0%	861
30	Whitbread	Hospitality	2 3 4 5	2.9%	994
31	Network Rail	Engineering & industrial	2 3 4 5 6 7	4.5%	488
32	AESSEAL	Manufacturing	2 3 4 5 6	28.1%	63
33	Travis Perkins	Retailing	2 3 4 5 6 7	5.5%	559
34	Optionis Management	Professional services	2 3 4 5 7	15.3%	40
35	Buzzacott	Professional services	2 3 4 7	24.8%	50
36	Stagecoach Group	Transport, travel & logistics	2 3 4	5.6%	932
37	Greater Manchester Combined Authority	Public sector	3 4 7	7.8%	97
38	Azets	Professional services	2 3 4 7	20.8%	217
39	Nottinghamshire Integrated Care System	Health & social care	2 3 4 5 6 7	7.2%	228
40	Tesco	Retailing	2 3 4 5 6	0.4%	1027
41	Choice Care Group	Health & social care	2 3 5	9.2%	145
42	Lloyds Banking Group	Banking & finance	2 3 4 5 6 7	2.6%	510
43	PepsiCo	Manufacturing	2 3 4 5 6 7	6.7%	229
44	Priory Group	Health & social care	2 3 4 5 6 7	12.8%	461
45	HC-One	Health & social care	2 3 4 5	5.2%	568
46	Amazon	Retailing	2 3 4 5 6 7	1.5%	640
47	Babcock International	Engineering & industrial	2 3 4 5 6 7	5.7%	239
48	Abellio Transport Holdings	Transport, travel & logistics	2 3 4 5 6 7	5.1%	502
49	Lab Corp	Research & development	2 3 4 5 6 7	11.6%	68
50	KPMG	Professional services	3 4 5 6 7	4.9%	294

¹ Level of apprenticeships provided in 2021-2022

² Percentage of employees that were apprentices in March 2022

³ Number of apprentices that started an apprenticeship between 1st April 2021 and March 31st 2022



Top 100 Apprenticeship Employers 2022

Rank	Employer	Sector	Apprenticeships ¹	% of Employees ²	New Starts 2021-22 ³
51	UBS	Banking & finance	3 4 5 6 7	7.6%	336
52	Northumbria Police	Public sector	3 4 6 7	26.6%	126
53	Sellafield Ltd	Engineering & industrial	2 3 4 5 6 7	6.7%	250
54	Superdrug	Retailing	2 3 4 7	1.8%	340
55	ANS Group	Technology	3 4 5 7	9.2%	35
56	Seddon Construction	Construction	2 3 4 6 7	11.5%	23
57	NatWest Group	Banking & finance	2 3 4 5 6 7	1.9%	390
58	John Lewis Partnership	Retailing	2 3 4 5 6 7	1.2%	272
59	ASDA	Retailing	2 3 4 5 6 7	0.7%	530
60	Aon	Professional services	3 4 5 6 7	9.4%	295
61	Thames Valley Police	Public sector	3 4 6 7	4.5%	281
62	Leeds Teaching Hospitals NHS Trust	Health & social care	2 3 4 5 6 7	4.6%	413
63	Department for Education	Public sector	2 3 4 5 6 7	5.7%	287
64	Armstrong Watson	Professional services	3 4 5 7	9.8%	52
65	Avery Healthcare	Health & social care	2 3 4 5	7.3%	225
66	Pendennis Shipyard	Manufacturing	2 3 4	10.7%	32
67	Somerset County Council	Public sector	2 3 4 5 6 7	8.1%	155
68	Horbury Group	Construction	2 3 4 6	10.4%	14
69	Apollo Motor Group	Automotive services	2 3	7.2%	18
70	Gemini Accident Repair Centres	Automotive services	2 3	12.2%	34
71	Merseyside Police	Public sector	2 3 4 5 6 7	7.9%	255
72	Kier Group	Construction	2 3 4 5 6 7	6.3%	237
73	Christie's	Fine art	2 3 4 5 7	9.9%	30
74	Sainsbury's	Retailing	2 3 4 5 7	0.4%	330
75	Motus Commercials	Automotive services	2 3 5 6	10.1%	76
76	Barratt Developments	Construction	2 3 4 5 6 7	5.6%	197
77	Persimmon Homes	Construction	2 3 4 5 6 7	7.1%	114
78	Bagnalls	Construction	2 3 4 5	7.4%	24
79	Sodexo	Business services	2 3 4 5 6 7	4.1%	482
80	North East Ambulance Service NHS Foundation Trust	Health & social care	2 3 6 7	5.9%	178
81	Mitie Group	Business services	2 3 4 5 6 7	1.7%	410
82	Bauer Media	Media	3 4 5 7	7.5%	97
83	The Co-op	Retailing	2 3 4 5 6 7	0.9%	332
84	ASOS	Retailing	3 4 5 6 7	6.2%	218
85	GXO Logistics	Transport, travel & logistics	2 3 4 5 6 7	2.0%	516
86	Fortem	Construction	2 3 5 6	12.0%	37
87	B&Q	Retailing	2 3 4 5 6 7	2.8%	371
88	McDonald's	Hospitality	2 3 4 5 6	0.6%	604
89	EE Smith Contracts	Construction	2 3	5.1%	46
90	Durham County Council	Public sector	2 3 4 5 6 7	2.4%	214
91	BP	Oil & energy	3 4 5 6 7	6.3%	201
92	RS Components	Distribution	2 3 4 5 6 7	5.0%	58
93	SE Trains Ltd	Transport, travel & logistics	2 3 5 6	9.2%	162
94	NG Bailey	Engineering & industrial	2 3 4 5 6 7	5.9%	48
95	County Durham & Darlington Fire & Rescue	Public sector	3 5 6 7	14.3%	15
96	Action for Children	Health & social care	2 3 4 5 6 7	10.9%	97
97	Jaguar Land Rover	Manufacturing	3 4 6 7	2.9%	219
98	Bellway	Construction	2 3 4 5 6 7	6.2%	50
99	Santander	Banking & finance	2 3 4 5 6 7	2.0%	224
100	Valuation Office Agency	Public sector	3 4 5 6 7	7.4%	164

¹ Level of apprenticeships provided in 2021-2022

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³ Number of apprentices that started an apprenticeship between 1st April 2021 and March 31st 2022

Entry Criteria

Entries for the **Top 100 Apprenticeship Employers** were open to apprenticeship employers with a minimum of 250 employees and 25 apprentices. Each employer provided four key pieces of data – the total number of apprentices it employed in March 2022, the number of apprentices that started an apprenticeship with the employer from 1st April 2021 to 31st March 2022, the diversity of these new apprentices, and the number of apprentices that successfully completed apprenticeships during the year and went on to further employment with the employer. The number of apprentices employed and the new apprenticeship starts were weighted according to the size of the employers' workforce. Employers' entry data was independently verified and scored, and used to calculate the 2022 rankings.

Widening Access to Medicine (WAM) Updates

Widening Access to Medicine Taster Course and Virtual Work Experience

3 – 6 April 2023

Applications are now open for this free of charge 4-day Virtual Work Experience and Taster Course for thirty Year 12 students, designed to increase the applicant's knowledge of the role of doctors and the training they undergo. The taster course will provide opportunities to develop interpersonal skills, increase awareness of the undergraduate medical student experience and support students in their applications to study Medicine. This opportunity is for students who want to study Medicine at university and intend to apply through a widening access programme, or contextual admissions route. To qualify for this event students need to be studying A Level Biology and one additional science, be under 18, and meet at least two eligibility criteria.

Please see the website for more details: [Widening Access to Medicine Taster Course and Virtual Work Experience | University of Southampton](#)

Please apply here: <https://gck.fm/iltey>

February Virtual Work Experience

14 – 16 February 2023

For students interested in gaining virtual work experience with the University Hospital Southampton, applications for February's Virtual Work Experience will be opening on 27th December and close on 16th January. When the application opens please [Apply here](#)

Please note this opportunity is only open to students based in the UK. For more information please visit [Medicine Virtual Work Experience | University of Southampton](#)